

Al's

HOME COOKED MEALS



"Good Wholesome Cooking!"
Since 2004!

082 330 6530

6:30am - 12 noon
Fax: 086 212 9002
Anton / Alet - 082 330 6530
Email: alscatering@chef.net
Website: alscatering.co.za
CK 2005/0307715/23

MENU A = R75-00 EA
MENU B, C = R75-00 EA
KID'S MEALS = R60-00 EA
PUDDING = R25-00 EA

Lunch Orders before 09:30am
please place orders before 12 o'clock
Friday before 11 o'clock
Please phone for delivery time.

Email: _____

Name: _____ Tel. No: _____

Address: _____

HOME COOKED MEALS: DELIVERED TO YOUR DOOR DAILY, WEEKLY OR MONTHLY

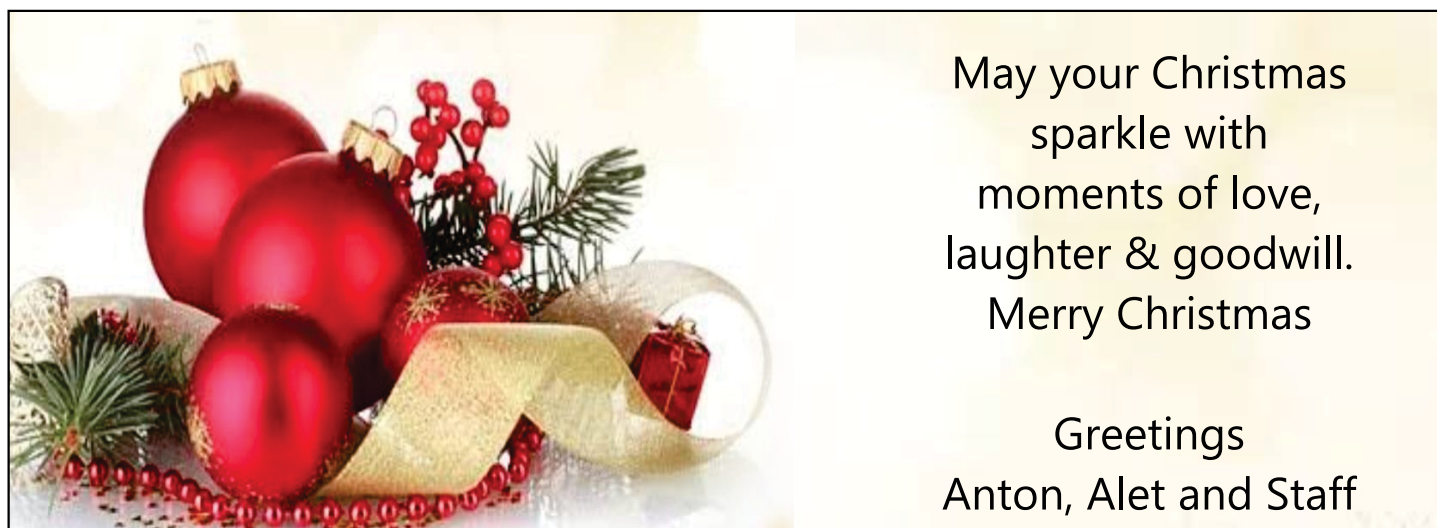
December 2023

		QTY	
FRI 1ST	A		1 x Beef Prego + 1 x Chicken Prego served with Chips
MILK TART	B		2 x Vetkoek: 1 x Savoury Mince + 1 x Curry Mince (2 x Pancakes)
	C		Pork Chop & Boerewors, Paptert, Potato Salad & Roll
	KIDDIES		American Fry Chicken Drummies, Mash & Gravy, Peas & Gem
MON 4TH	A		Chicken Cordon Bleu, Savoury Rice, BBQ Potatoes, Greenbeans, Butternut
CHEESE CAKE	B		Beef & Lamb Stew served on Rice, Greenbeans, Butternut
	DIET		Beef Strips served on Noodles, Greenbeans, Butternut, (Salad)
	KIDDIES		Baked Mince & Macaroni Cheese, Greenbeans, Butternut
TUE 5TH	A		Roast Beef & Brown Gravy, Potato Salad, Sweet Potato, Salt Carrots
CHOC MOUSSE	B		Kaapse Bobotie, Yellow Rice & Raisins, Potato Salad, Sweet Potato, Salt Carrots
	DIET		Roast BBQ Chicken, Sweet Potato, Salt Carrots, (Salad)
	KIDDIES		2 x Mini Vetkoek: 1 x Savoury Mince + 1 x Chicken Mayo, (Pancake)
WED 6TH	A		Old Style Chicken Pie, Brown Rice, Bacon & Cheese Potatoes, Cabbage, Peas
APPLE CRUMBLE PIE & CUSTARD	B		Marinated Homemade Meatballs, Brown Rice, Bacon & Cheese Potatoes, Cabbage, Peas
	DIET		3 x Pancakes: 1 x Savoury Mince, 1 x Chicken Mayo, 1 x Spinach & Feta, (Salad)
	KIDDIES		Pork Bangers & Mash, Peas & Gem Squash
THU 7TH	A		Beef Potjie ... THE BEST ... served on Rice, (With Veg of the Day)
BAKED SAGO PUDDING & CUSTARD	B		Spaghetti Bolognese topped with Cheese, (Salad & Roll)
	DIET		Battered Hake Fillets topped with Bacon & Feta, Mix Veg, Hubbard Squash, (Salad)
	KIDDIES		Chicken & Bacon Alfredo topped with Cheese
FRI 8TH	A		1/2 Baby Chicken (Lemon & Herb), Chips, Portuguese Roll
MALVA PUDDING & CUSTARD	B		Texan Steak, Pap & Shebo, Potato Salad, Roll
	C		2 x Vetkoek: 1 x Savoury Mince + 1 x Curry Mince (2 x Pancake)
	KIDDIES		2 x Mini Pizza topped with Pineapple & Ham with Chips
MON 11TH	A		Cottage Pie, Rice & Gravy, Pasta Salad, Spinach, Pampoenkoekies
MARSHMALLOW CREMORA TART	B		Lamb & Beef Curry served on Rice, (Sambals & Banana)
	DIET		Chicken Strips served on Noodles, Spinach, Pampoenkoekies, (Salad)
	KIDDIES		Macaroni & Cheese served with Spinach & Pampoenkoekies
TUE 12TH	A		Hawaiian Chicken Schnitzel (Cheese & Pineapple), Rice, Coleslaw Salad, Country Mix Veg, Gem Squash
CARAMEL BANANA PUDDING	B		Beef Lasagne, Rice, Coleslaw Salad, Country Mix Veg, Gem Squash
	DIET		2 x Wraps: 1 x Beef Wrap + 1 x Chicken Wrap served with Veg, (Salad)
	KIDDIES		Spaghetti & Meatballs topped with Cheese
WED 13TH	A		Roast Leg of Pork, Noodles, Salt Carrots, Sweet Corn, Fried Cabbage
LEMON MERINGUE TART	B		Chutney Baked Chicken, Noodles, Salt Carrots, Sweet Corn, Fried Cabbage
	DIET		Gourmet Pasta Dish (Chicken, Peppers, Peppadew, Mushroom, Feta, Brinjal) with 2 x Veg, (Salad)
	KIDDIES		Noodle & Mince Pasta topped with Cheese
THU 14TH	A		Homemade Beef Pie, Mash & Gravy, Greenbeans, Butternut
FRESH FRUIT SALAD	B		Crumbed Pork Chop, Mash & Gravy, Greenbeans, Butternut
	DIET		Oven Grilled Chicken topped with Cheese & Pineapple, Greenbeans, Butternut (Salad)
	KIDDIES		Fish Cakes (3), Mash & Gravy, Greenbeans, Butternut, (Tartar Sauce)
FRI 15TH	A		2 x Hot Subs: 1 x Beef + 1 x Chicken topped with Cheese, (with Chips)
MILK TART	B		2 x Burgers: 1 x Rib Burger + 1 x Beef Burger served with Chips
	C		Pasta Day: Macaroni & Cheese, Spaghetti Bolognese, Alfredo
	KIDDIES		Fish Finders (5), Mash & Gravy, Gem & Peas

Address : _____ **Email:** _____

Name: _____ **Tel. No:** _____

MON 18TH	A	Boboti Pie, Yellow Rice & Raisins, Carrot & Bean Mix, Gem Squash
CHEESE CAKE	B	1/4 BBQ Chicken, Wors, Savoury Rice, Carrot & Bean Mix, Gem Squash
	DIET	Battered Hake Fillets topped with Bacon & Feta, Carrot & Bean Mix, Gem Squash, (Salad)
	KIDDIES	Spaghetti & Meatballs topped with Cheese
TUE 19TH	A	Marinated Homemade Meatballs, BBQ Baby Potatoes, Brown Rice, Mix Veg, Hubbard Squash
CHOC MOUSSE	B	Roast Gammon, BBQ Baby Potatoes, Brown Rice, Mix Veg, Hubbard Squash
	DIET	Roast Lemon & Herb Chicken, Mix Veg, Hubbard Squash, (Salad)
	KIDDIES	2 x Mini Vetkoek: 1 x Savoury Mince + 1 x Chicken Mayo
WED 20TH	A	Beef Schnitzel (Cheese), Savoury Rice, Potato Salad, Sweet Potato, Peas
APPLE CRUMBLE PIE & CUSTARD	B	Sweet & Sour Pork Chop, Savory Rice, Potato Salad, Sweet Potato, Peas
	DIET	Tenderised Steak topped with Peppers & Feta, Sweet Potato, Peas, (Salad)
	KIDDIES	Beef Burger (Cheese) + Hotdog served with Chips
THU 21ST	A	Roast Leg of Lamb, White Rice, Roast Potatoes, Pampoenkoekies, Greenbeans
BAKED SAGO PUDDING & CUSTARD	B	Spaghetti Bolognaise topped with Cheese, Pampoenkoekies, Beetroot
	DIET	Beef Strips served on Noodles, Butternut & Greenbeans, (Salad)
	KIDDIES	Chicken Nuggets (5), Mash, Pampoenkoekies, Greenbeans



January 2024

TUE 9TH	A	Beef Potjie ... THE BEST ... served on Rice with Veg of the Day
MALVA PUDDING & CUSTARD	B	Kaapse Bobotie Pie, Yellow Rice & Raisins, Carrot & Pea Mix, Gem Squash, Potato Wedges
	DIET	Beef Strips served on Noodles, Carrots & Gem, (Salad)
	KIDDIES	Spaghetti & Meatballs topped with Cheese
WED 10TH	A	Roast Leg of Lamb, White Rice, Roast Potatoes, Greenbeans, Pampoenkoekies
MARSHMALLOW CREMORA TART	B	Spaghetti Bolognaise topped with Cheese, Beetroot Salad, Pampoenkoekies
	DIET	Battered Hake Fillets topped with Bacon & Feta, Greenbeans, Pampoenkoekies, (Salad)
	KIDDIES	3 x Fish Cakes, Mash & Gravy, Greenbeans, Pampoenkoekies
THU 11TH	A	Cottage Pie, Rice, Pasta Salad, Salt Carrots, Gem Squash
CARAMEL BANANA PUDDING	B	Crumbed Pork Chop, Rice, Pasta Salad, Salt Carrots, Gem Squash
	DIET	Chicken Strips served on Noodles, Salt Carrots, Gem Squash, (Salad)
	KIDDIES	Bacon & Chicken Alfredo topped with Cheese, Garlic Roll, Salad
FRI 12TH	A	1 x Beef Prego + 1 x Chicken Prego served with Chips
LEMON MERINGUE TART	B	2 x Vetkoek: 1 x Savoury Mince + 1 x Curry Mince, (2 x Pancake)
	C	Pork Chop & Boerewors, Paptert, Potato Salad, Roll, (Salad)
	KIDDIES	American Fry Chicken Drummies, Mash & Gravy, Peas & Gem

 **082 330 6530** Latest menu always available on www.alscatering.co.za